

**Join us for these
TWO events**

presented by Bob Scott, ND

*An Integrative Approach to
Gut Health*

*An Integrative Approach to
Complex Brain Disorders*

with Robert Scott, ND

**Applied for 4 CEUs for DCs
with the State of Maine**

Lewis Ruffner
New England Nutrition Services, Inc.
PO Box 89, Exeter, NH 03833

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AUTHORIZED INDEPENDENT REPRESENTATIVE

An Integrative Approach to Gut Health

Learning objectives/learning outcomes

On completion of this course, attendees will have:

- Current medical understanding of gut inflammation/permeability and its causes
- Basic clinical understanding of the impact infections and stealth pathogens have on gut health
- Understand how to properly assess and provide nutritional, herbal, dietary, and lifestyle support for the prevention and support of gut inflammation/permeability
- Current medical understanding of SIBO, UC and Crohn's Disease
- Understand how to properly assess and provide nutritional, herbal, dietary, and lifestyle support for the prevention and support of SIBO, UC, and Crohn's Disease

An Integrative Approach to Complex Brain Disorders

Learning objectives/learning outcomes

On completion of this course, attendees will have:

- Understanding of the importance of gut health in relationship to brain health
- Current medical understanding of the development of dementia, anxiety, and depression
- Basic clinical understanding of the metabolic and toxic threats to the brain: gut inflammation/permeability, neurotoxins, and suboptimal brain nutrients, head trauma, and stress
- Basic understanding of the benefits of ketosis and intermittent fasting regarding brain health

- Dates, Locations & Topics -

Thursday June 28th | Gut Health

Bangor, ME | 1:00 -5:00pm | Dysart's Restaurant

Thursday July 12 | Gut Health

Portland, ME | 1:00 -5:00pm | Hilton Garden Inn Portland Airport

Thursday July 26th | Complex Brain Disorders

Bangor, ME | 1:00 -5:00pm | Dysart's Restaurant

Thursday August 16th | Complex Brain Disorders

Portland, ME | 1:00 -5:00pm | Hilton Garden Inn Portland Airport

Tuition: \$75

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Web: www.NewEnglandSeminars.com

Email: ngreen@spnens.com

Call: Nicole (603) 773-2046 x1

By mail: send registration form and payment to -
New England Nutritional Services, Inc. Lewis Ruffner PO Box 89 Exeter, NH 03833

****Seating is limited**** **Light Snacks provided**

Cancellation policy - full refund given with 24 hour advance notice. No-shows will be charged.



Robert Scott, ND M.S. Nutrition, M.S. Acupuncture

Dr. Scott has served as a clinical consultant to health care practitioners since 2007. He offers educational seminars, teleconferences, and webinars throughout New England. He is a graduate of the University of Bridgeport with a Doctorate of Naturopathic Medicine and a Masters in both Human Nutrition and Acupuncture. Dr. Scott served as an assistant professor, lab coordinator, and pharmacy director for the University of Bridgeport College of Naturopathic Medicine.