

REGISTRATION INFORMATION:

The Endocrine-Digestion Connection

Saturday, March 24 2018

8:00 am-5:00 pm check-in begins at 7:30 am

Sheraton Portsmouth Harborside Hotel

250 Market St, Portsmouth, NH 03801 | (603) 431-2300

Cost For Seminar:

	Early Registration	After 3/9/18
Healthcare Professionals	\$149	\$175
Student / Staff / Spouse	\$99	\$119

Organic Lunch Provided

Name: _____ Deg: _____

Billing Address: _____

City: _____ Billing Zip: _____

Phone: _____ Fax: _____

E-Mail: _____

CC#: _____

Exp. Date: _____ 3 or 4 Digit Sec. # _____

Total \$: _____ Check #: _____

Signature: _____

Cancellation policy - full refund given with 72 hour advance notice. No-shows will be charged.

To Register by phone or email:

Contact Nicole

603-773-2046 X1 or Ngreen@spnens.com

or mail registration form and payment to:

New England Nutritional Services, Inc.

Lewis Ruffner PO Box 89 Exeter, NH 03833

Prsrtd Std
U.S. Postage
PAID
Grand Rapids MI
Permit #879

Applied for 8 CE Hours for DCs,
APs, CCPAs & DACBNs with Texas
Chiropractic College



Lewis Ruffner
New England Nutritional Services, Inc.
PO Box 89 Exeter, NH 03833

The Endocrine-Digestion Connection

Presented by

Dr. Ronda Nelson

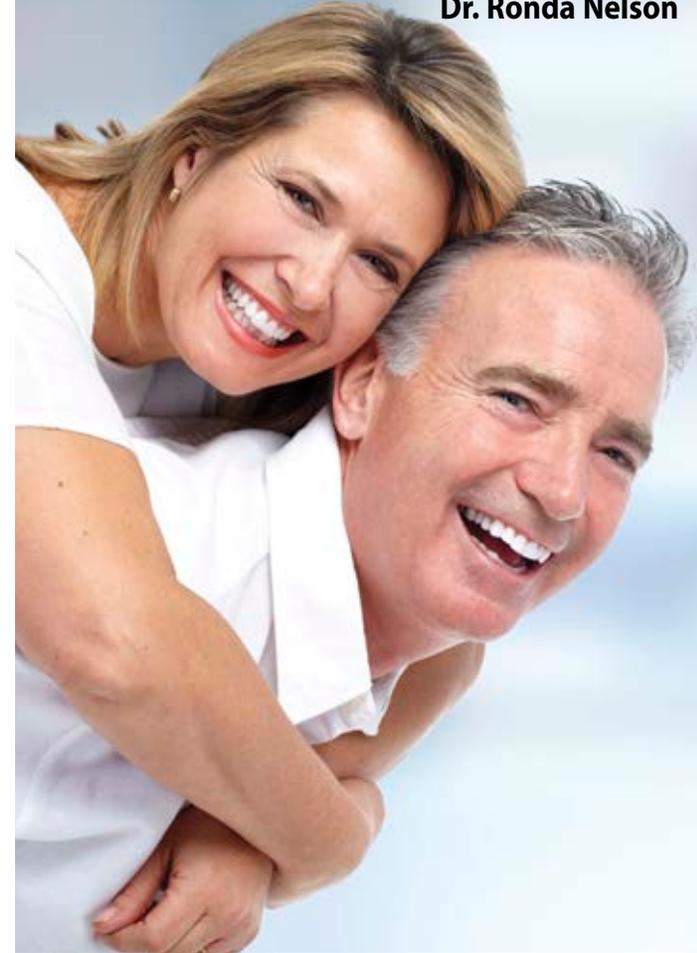


**Saturday, March 24, 2018
Portsmouth, NH**

The **Endocrine-Digestion Connection**

Presented by

Dr. Ronda Nelson



**March 24, 2018
Portsmouth, NH**

The ENDOCRINE-DIGESTION

Connection

"All disease begins in the gut."

Hippocrates, 400 BC

Now with modern cutting-edge science the link between the Nervous System and the Digestive System is fully understood. It is accepted knowledge that the majority of Neurotransmitters and Immune Cells are generated in the gut when digestion is optimal and adequate nutrition is provided from FOOD! In fact, many scientists often refer to this system as the gut-brain axis. Conversely, what influences the stomach will directly influence the brain.



- Review of physiology and function of the digestive tract
- Discuss common conditions and dysfunctions, including reflux, leaky gut, parasites, IBS, gluten intolerance, etc.
- Best testing options
- Nutritional protocols
- AND MORE!!

This seminar will also provide attendees with an understanding of adrenal function and common patterns of dysregulation

- Understand the physiology of the adrenal gland and the relationship between adrenaline, cortisol and prolonged stress
- Review Steroid hormone pathway & discuss hormonal precursors in relation to adrenal function
- Discuss & evaluate a variety of testing options including serum, saliva and hair analysis
- Examine various levels of adrenal dysfunction including commonly experienced symptoms and patterns showing dysregulation
- Discuss appropriate nutritional and dietary considerations for healthy adrenal function



Dr. Ronda Nelson

Dr. Nelson, holds a PhD in holistic nutrition, is a traditional naturopathic doctor and accomplished master herbalist whose expertise includes using whole foods as nutrition, herbology, digestive disorders, thyroid and adrenal function, supporting male and female hormone imbalances, and issues relating to children's health. Dr. Nelson is particularly interested in working with patients dealing with lichen sclerosis and is well versed in saliva testing, hair mineral analysis, and functional interpretation of blood panels. Equipped to unravel even the most puzzling cases, Dr. Nelson focuses on discovering and correcting the underlying causes of health challenges, drawing on her extensive training and professional experience to provide relevant clinical solutions and practical applications for your patients.

Based in Redding, CA, with a second clinic in Seattle, WA, Dr. Nelson has gained the respect of patients and doctors alike. She is a dynamic speaker with a thriving practice, firmly rooted in the principles of functional endocrinology and lifestyle modification. She has seen and consulted with thousands of patients all over the world, dramatically improving health and well being with simple diet and lifestyle changes. Extremely active in her community, Dr. Nelson hosts free community education events focused on women's health needs and the special concerns of parents with young children. Dr. Nelson is a frequent keynote speaker at several national alternative medicine and wellness conferences and also teaches a significant number of continuing education seminars for doctors and other healthcare professionals interested in learning how to incorporate all facets of endocrinology and the functional interpretation of blood tests into their clinical practice.