

New England Nutritional Services and  
Standard Process Nutrition Northeast presents

# An Integrative Approach to Hormone Imbalances: Addressing the Adrenally Fatigued Patient

with Robert Scott, ND

**Sunday, November 12, 2017**  
**Freeport, ME**

**Saturday, December 2, 2017**  
**St. Croix, United States Virgin Islands**  
*No Passport Required*

**Lewis Ruffner**

New England Nutrition Services, Inc.  
PO Box 89 Exeter NH 03833

Prsrtd  
U.S. Postage  
**PAID**  
Grand Rapids MI  
Permit #879

## 2 Dates - 2 Locations

Texas Chiropractic College (TCC) has endorsed this seminar.  
8 CE's applied for DC's & ND's through TCC  
8 PDA's applied for LAC's through NCCAOM  
ACBN approval pending



**MEDI HERB**  
INNOVATIVE HERBAL SOLUTIONS

**AUTHORIZED INDEPENDENT REPRESENTATIVE**

# Registration Information:

## Freeport, ME

Sunday, **November 12, 2017**

9:00AM - 6:00PM (registration begins at 8:30am)

### Hilton Garden Inn

5 Park St, Freeport, ME 04032 Phone: (207) 865-1433

*discounted room rate mention NENS*

#### Tuition:

	by 11/3	after 11/3
Healthcare Professionals	\$149	\$169
Student / Staff / Spouse (non-credit)	\$99	\$119

#### Buffet lunch included

Fast Secure On-Line Registration: [www.NewEnglandSeminars.com](http://www.NewEnglandSeminars.com)

Cancellation policy - full refund given with 24 hour advance notice. No-shows will be charged.

## Winter Getaway to the Virgin Islands

Saturday, **December 2, 2017**

9:00AM - 6:00PM (registration begins at 8:30am)

### Renaissance St. Croix Carambola Beach Resort & Spa

Estate Davis Bay, St. Croix, USVI 00850 (340)778-3800 x6200

*Island View, Deluxe Island View, Ocean Front & Beach Front  
Rooms \$179-\$279, MUST reserve by October 30, 2017,  
Mention Standard Process Nutrition.*

*NOTE: Gov't rate of 12.5% and 10% Resort Fee is charged per night, per room*

#### Tuition:

	by 10/30	after 10/30
Healthcare Professionals	\$149	\$169
Student / Staff / Spouse (non-credit)	\$99	\$119

#### Buffet lunch included

Fast Secure On-Line Registration: [www.spnutritionne.com](http://www.spnutritionne.com)

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## Course goals

Review and evaluate the most common causes of MALE and FEMALE hormone dysregulation

- Adrenal function
- Inflammation Response Function
- Estrogen dominance
- Toxicity and its role on the endocrine system

Evaluation of the Adrenal Stress Index

Understand the role of the adrenal glands in maintaining overall proper hormone balance

Understand conventional and alternative recommendations for each person

Review the potential problems with bioidentical hormones

Develop appropriate nutritional, diet, lifestyle, and recommendations for everyone

Identify and evaluate the five most common male endocrine hormone challenges



**Robert Scott, ND M.S. Nutrition, M.S. Acupuncture**

Dr. Scott has served as a clinical consultant to health care practitioners since 2007. He offers educational seminars, teleconferences, and webinars throughout New England. He is a graduate of the University of Bridgeport with a Doctorate of Naturopathic Medicine and a Masters in both Human Nutrition and Acupuncture. Dr. Scott served as an assistant professor, lab coordinator, and pharmacy director for the University of Bridgeport College of Naturopathic Medicine.

## TO REGISTER OR FOR MORE INFORMATION:

### Maine Location:

online: [www.NewEnglandSeminars.com](http://www.NewEnglandSeminars.com)

Email: [ngreen@spnens.com](mailto:ngreen@spnens.com)

Call: Nicole (603) 773-2046 x1

### Virgin Islands Location

online: [www.spnutritionne.com](http://www.spnutritionne.com)

Email: [amy@spnutritionne.com](mailto:amy@spnutritionne.com)

Call: Amy (617) 477-4529

