

Registration Form

Understanding the Microbiome

November 4, 2017

Saturday, 8:30am - 5:30pm *Check-in begins at 8am*

Seresc Conference Center Bedford, NH

***discounted room rates available at Country Inn & Suites*

250 S River Rd, Bedford, NH (603) 666-4600

Mention "Seresc Conference Center"

Name: _____ Deg: _____

Billing Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

E-Mail: _____

Cost for Seminar:

	Early Registration	After 10/20/17
Healthcare Professionals	\$149	\$169
Non-Credit / Student / Staff / Spouse	\$99	\$119

Lunch is included

Card No _____

Exp. Date _____ Security Code _____

CC Billing Zip Code _____ Total _____

Check #: _____

Signature: _____

Registration & Information:

Cancellation policy - Full refund given with 24 hr advance notice. No shows will be charged.

To Register or For Information:

Online: www.NewEnglandSeminars.com

Phone: Nicole (603) 773-2046 x1

e-mail: ngreen@spnens.com

or mail registration form and payment to:

Lewis Ruffner New England Nutrition Services, Inc.

PO Box 89 Exeter NH 03833

Prsrt Std
U.S. Postage
PAID
Grand Rapids MI
Permit #879

8 CEUs - 8 NCCAOM PDA Points Pending MA, CT, RI, ME, NH & VT

Lewis Ruffner New England Nutrition Services, Inc.
PO Box 89 Exeter NH 03833

Understanding the Microbiome:

Nutritional Interventions for
Common Dysfunctions

Presented by Dr. Ronda Nelson , PhD, MH

November 4, 2017
Bedford, NH

Standard Process
VETERINARY FORMULAS
Standard Process
VETERINARY FORMULAS
MEDI HERB
INNOVATIVE HERBAL SOLUTIONS
Authorized Independent Representative



Understanding the Microbiome:

Nutritional Interventions for
Common Dysfunctions

presented by Dr. Ronda Nelson, PhD, MH

November 4, 2017
Bedford, NH

Understanding the Microbiome:

Nutritional Interventions for Common Dysfunctions

"All disease begins in the gut." Hippocrates, 400 BC

This 8 hour course is designed to provide attendees with a thorough understanding of the broad range of microbes that live in and on the human body. Initial discussion will include current research on the intestinal microbiome and its significance in human health. General intestinal physiology will be covered as well as common dysfunctions which can be attributed to insufficient or imbalanced microbial species. Attendees will review the role of microbial-rich foods in rebuilding and supporting intestinal health as well as the clinical use of pro- and prebiotics in a therapeutic setting. Testing options will be discussed along with relevant case examples to further enhance concepts presented. Participants will have greater insight into the systemic ill-effects of digestive insufficiency on overall health and be better equipped to provide appropriate nutritional and lifestyle recommendations to promote healing and enhanced well-being.

ON COMPLETION OF THIS COURSE, ATTENDEES WILL BE ABLE TO:

- Appreciate the crucial role of the microbiome and its impact on human health
- Recognize a variety of beneficial bacterial species which reside in the small and large intestine
- Explore the complex interplay between microbe-human interactions
- Evaluate current research on the role between intestinal microbes and infections, illnesses, mental dysfunction and a host of other pathologies
- Consider the role gut microbiota play in the pathogenesis of gluten sensitivity
- Recognize the common signs and symptoms for dysbiosis and SIBO
- Understand conventional methods of treatment, potential side-effects of pharmaceutical interventions and when an outside referral would be indicated
- Recommend appropriate nutritional and dietary support for the 5 most common digestive dysfunctions: Dysbiosis, SIBO, intestinal hyperpermeability, gluten sensitivity, and yeast/ fungal overgrowth



Dr. Ronda Nelson

Dr. Ronda Nelson's passion for wellness ignited in 1993 when her young daughter

was diagnosed with a rare form of bone cancer. As a result, her relentless search for treatment options led Dr. Nelson to a simple truth that is the basis of her practice today – dietary choices will affect the physiology of the body.

Dr. Nelson is now an accomplished Master Herbalist, holds a PhD in Holistic Nutrition, and has studied extensively with Dr. Janet Lang. She is a longtime member of the American Association of Nutritional Consultants (AANC) and more recently, The National Speakers Association. Ronda specializes in working with female hormone imbalances, children's issues, digestive disorders, fatigue and repairing the negative effects of stress.

Extremely active in her community, Dr. Nelson teaches nutrition to first-graders at several elementary schools in the Redding, CA area and holds local workshops on a variety of topics. She travels extensively, teaching doctors and other health professionals about functional endocrinology, the use and interpretation of serum and saliva tests and how to uncover the underlying causes of disease. Ronda is a recurring keynote speaker at several national events for alternative medicine and nutrition. Her practical, down-to-earth communication style and warm personality create an atmosphere of hope for those wanting to regain and maintain an outstanding level of health and wellness.