

Lewis Ruffner
New England Nutrition Services, Inc.
PO Box 89
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8 CEUs – 8 NCCAOM PDA Points Pending
MA, CT, RI, ME, NH & VT
for each seminar

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New England Nutrition Services, Inc. *Presents*

**An Integrative Approach to
Male Hormone Imbalances:
Addressing the Adrenally Fatigued Patient**

with Robert Scott, ND

3 Dates & Locations!

**Clinical Pearls for Supporting
Menopause & Healthy Thyroid**

with Ronda Nelson, PhD, ND, MH

Saturday, March 18, 2017
Seresc Conference Center Bedford, NH

All seminars are listed at:
WWW.NEWENGLANDSEMINARS.COM



Authorized Independent Representative

An Integrative Approach to Male Hormone Imbalances: Addressing the Adrenally Fatigued Patient

with Robert Scott, ND

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Saturday, March 4, 2017

8:30 am -5:30 pm - Lunch is included

Four Points by Sheraton Wakefield Boston Hotel & Conference Center - Wakefield, NH

**discounted room rates available at Four Points by Sheraton Wakefield Boston Hotel
1 Audubon Rd, Wakefield, MA (781) 245-9300 Mention "NENS"

OR April 1st Auburn Library - 8:00 am - 5:00 pm - Auburn ME

OR April 22nd Windjammer - 8:30 am - 5:30 pm - Burlington VT

Course goals

Review and evaluate the most common causes of **MALE and FEMALE** Hormone

- Adrenal function
- Inflammation Response Function
- Estrogen dominance
- Toxicity

Evaluation of the Adrenal Stress Index

Understand the role of the adrenal glands in maintaining proper hormone balance

Identify and evaluate the five most common male endocrine hormone challenges

Understand conventional and alternative recommendations for each man

Review the potential problems with bioidentical hormones

Develop appropriate nutritional, diet, lifestyle, and recommendations for every case

Robert Scott, ND M.S. Nutrition, M.S. Acupuncture



Dr. Scott has served as a clinical consultant to health care practitioners since 2007. He offers educational seminars, teleconferences, and webinars throughout New England. He is a graduate of the University of Bridgeport with a Doctorate of Naturopathic Medicine and a Masters in both Human Nutrition and Acupuncture. Dr. Scott served as an assistant professor, lab coordinator, and pharmacy director for the University of Bridgeport College of Naturopathic Medicine.

Clinical Pearls for Supporting Menopause & Healthy Thyroid

with Ronda Nelson, PhD, ND, MH

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Saturday, March 18, 2017

8:30am - 5:30pm - Lunch is included

Seresc Conference Center Bedford, NH

**discounted room rates available at Country Inn & Suites 250 S River Rd, Bedford, NH (603) 666-4600
Mention "Seresc Conference Center"

Course goals

Understand the physiology of peri/post-menopause and its relationship with adrenal and thyroid function

Discuss the role of TSH in thyroid evaluation and its relationship to downstream hormones T4, T3 and rT3

Review 5 common menopausal complaints and 3 common patterns of thyroid dysfunction

Be able to identify thyroid challenges based on a variety of testing options including serum, saliva and hands-on evaluation

Understand conventional methods of treatment, potential side-effects of medical intervention and when an outside referral would be indicated

Evaluate multiple case studies to provide opportunity to create nutritional protocols and further case management

Discuss general nutritional protocols and lifestyle management as a way to support wellness

Ronda Nelson, PhD, ND, MH



Dr. Nelson is a traditional naturopathic doctor and master herbalist with a thriving practice centered on functional endocrinology and lifestyle modification. Her primary focus is aimed at uncovering and addressing the underlying causes of illness. Dr. Nelson's expertise includes whole food nutrition, herbology, digestion, thyroid and adrenal function, male and female hormones, and children's health issues. Dr. Nelson is well versed in saliva testing, hair mineral analysis, and functional interpretation of blood panels.

Robert Scott's Seminar - Tuition:	Before 2/17	After 2/17
Healthcare Professionals	\$149	\$169
Non-credit/staff/student/Spouse	\$99	\$119

BOTH Seminars - Tuition:	Before 2/17	After 2/17
Healthcare Professionals	\$199	\$229
Non-credit/staff/student/Spouse	\$150	\$199

Dr. Nelson's Seminar - Tuition:	Before 3/3	After 3/3
Healthcare Professionals	\$149	\$169
Non-credit/staff/student/Spouse	\$99	\$119

TO REGISTER OR FOR INFORMATION:

Online: www.NewEnglandSeminars.com

Phone: Nicole (603) 773-2046 x1

E-mail: ngreen@spnens.com

Cancellation policy: Full refund given with 24 hr advance notice. No shows will be charged

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